**Jen & Jen’s 2015 Spring Circle Retreat Registration Form**

**“Renew Your Life” April 24 - 26, 2015**

Fill out this form, either electronically or on paper, and submit per instructions below. There is a liability waiver at the end of this form. Your signature is required to complete your registration.

NAME : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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PHONE (indicate c/w/h): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

EMAIL ADDRESS : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

EMERGECNY CONTACT (include name, phone, and relationship to you): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Registration Fee: $350.00 USD.*** Registration is limited to 6 (six) people. Payment is due with your completed registration form. Mail to: Jennifer & Jennifer 18554 Densmore Ave North Shoreline, WA 98133. Checks can be made out to Jennifer Sundstrom. If you prefer to pay online with Paypal, contact info@seattleherbalist.com. Refunds are subject to a $20 processing fee. No refunds after April 10, 2015

***Your registration fee includes:***

* Tent camping for 2 nights (Friday & Saturday) at Sacred Groves on Bainbridge Island
* Meals: Friday dinner through Sunday breakfast. Snacks and beverages included
* All planned activities, workshops, and rituals with Jen & Jen
* On site hot tub, labrirynth walks, campfires (weather permitting)

***Schedule:***

* Friday: Arrival and setup 3-5pm, Dinner 6pm, Opening Circle 8pm, Campfire or hot tub
* Saturday: Breakfast, Activities, Lunch, Fun, Dinner, evening events, TBA
* Sunday: Breakfast, Closing Circle 11:30am

If you cannot attend the above time schedule, please advise your situation \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Food*** allergies or dietary restrictions: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Medical Issues*** we need to know about: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Seva/Service Shifts:*** As a contribution and gift to the wholeness of our community, we ask that each person participate in meal prep and clean up activities. A signup list will be available onsite.

Pets are not allowed unless certified as service animals (documentation required).

***Intentions:*** Please give us an idea of what you would like to get out of this retreat. What is your intention for registering? Do you have some current goals or personal work that you want support around?

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***Notes:*** we will be camping outside in a rustic setting with uneven ground. Outdoor composting toilets are available (toilet paper provided). No shower facility available. Cell phone service is spotty…we recommend turning off phones.

***Suggested Packing List:***

Camping gear - Tent, sleeping bag, pillow, sleeping pad, camp chair, and any gear you need to be comfortable

Personal - rain coat, bath towel, sturdy shoes for short hikes, comfy socks for inside the Moonlodge, water bottle

Logistical - any personal hygiene and toiletries, prescription medication, personal First Aid supplies

Optional (and recommended) - Journal & pen, items for our communal altar, instruments (drum, shakers, etc), yoga mat

***Marketing Agreement:***

We use a variety of materials and methods to market and publicize our programs. One of the most compelling ways we can present our work is to show images of real people involved in our retreats. We will occasionally photograph/film parts of our programming for possible use in flyers, brochures, newsletters or our website. You may be included in a photo/video in a group setting or as the primary subject. If you do not want to be included in photos/videos, it is your responsibility to inform us at the time of filming/photographing.

* I do not want to participate in any marketing activities.

***Liability Waiver:***

I voluntarily sign this liability waiver, releasing the facilitators and facility from all risks and liabilities of any injuries I might sustain to my person, property, or loss otherwise. I understand there are potential risks and dangers involved in being out in the elements and living in the natural environment. I promise to use my best judgment and follow all safety recommendations provided by the facilitators. I acknowledge that I will always have personal choice in my level of involvement and participation in all activities during the retreat. It is my responsibility in communicating with the facilitators if I feel uncomfortable at any time.

Print Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_